



Daily Affirmations for a Fabulous, High Vibe Week

Keep your energy high by creating your own high vibe, energy expanding words for each day of the week. Use as many as you like and make them positive and a reflection of the kind of day you want to have.

Week of _____

My high vibes words for Monday are:

My high vibes words for Tuesday are:

My high vibes words for Wednesday are:

My high vibes words for Thursday are:

My high vibes words for Friday are:

My high vibes words for Saturday are:

My high vibes words for Sunday are:

For more inspiring information visit Jennifer's site at enlighteninglife.com